

## Lakehead University Athletics Camps

### OVERVIEW

This document outlines our role on how to safely facilitate Lakehead Athletics Day Camps. All recommendations and COVID-19 protocols laid out in the Government of Ontario Ministry of Health's *COVID-19 Safety Guidelines for: Day Camps* will be followed.

Please note we reserve the right to make changes to policies and guidelines as we see fit and updates and provided by the health unit and Ministry of Health

### GENERAL INFORMATION

- All Lakehead Athletics Camps will be run out of our main Athletics Facilities, including the Wolf Den, CJ Sanders Fieldhouse, and Hangar. Camps will be primarily outside whenever possible.
- No more than 2 camp offerings will be taking place in any one week. Each camp offering will have their own area of the facility, own entrance/exit, and will not cross paths.
- Attendance will be taken each day and kept on file for the health unit as necessary. Participant detail lists will have up to date contact information.
- Camp drop-off and pick-up will occur outside the facility. Campers will be separated into their cohorts as soon as they are dropped off at camp.
- Whenever possible, campers will have their own piece of equipment that will not be shared. When shared equipment may be necessary, campers will sanitize their hands before and after activities and equipment will be sanitized after use.
- All eligible camp staff and campers will be encouraged to have their vaccines.
- Snacks and lunch will be eating outside weather permitted. If inside, campers will be in a large open space (e.g. gymnasium) where they can maintain a distance from each other.
- Camps will be assigned their own space and not share facilities. If a situation arises where a space will be used by multiple cohorts within a day, it will be cleaned and disinfected.
- On the first day of camp, a safety session will be held with campers to review the proper methods for hand washing, sanitizing, and refilling water bottles at the water fountains. We will also review social/physical distancing, and how to notify your counselor if you aren't feeling well. These sessions will be conducted with age-appropriate language and activities to help further their understanding.
- All camp staff will always have with them hand sanitizer that is available to campers.
- Campers will be required to bring their own refillable water bottles and must pack food that they are able to open and eat without assistance.
- For our sport-based camps, all PSO and *Sport and Recreational Facilities Guidance* from the Government of Ontario will be followed. It is anticipated that our camps will

consist of skills and drills only with no shared equipment, until scrimmaging and game play is permitted.

- Parents/guardians will be asked to clearly label all items they are sending to camp so that items can be identified without staff touching them. They will be asked to send minimal personal belongings with their campers and should ideally all fit within their backpack or lunch bag. These items will remain in a space designated to that cohort throughout the day.

## **SCREENING**

- Both staff and campers will be required to complete a daily screen through an online form prior to drop off at camp. This screen will have the same questions as the COVID-19 School and Childcare Screening Tool provided by the Government of Ontario.
- Any campers that do not complete the screen ahead of time will verbally complete it with a staff member at drop off. If an in-person screen is necessary, staff will wear full PPE including a medical mask and eye protection.
- If a screen is failed:
  - Campers will not be permitted to join camp until approved by the health unit.
  - Parents will be asked to contact the health unit for further instructions.

## **COHORTING**

- Each camp will have one cohort per age group, with a maximum of 20 campers. Staff will be assigned a cohort for the week and will remain with that group the whole week.
- Cohorts will be maintained for duration of each camp session, which is 1 week in length. If multiple campers are enrolled in multiple sessions, they will be kept in the same cohort for those sessions.
- Each cohort will be assigned a washroom that will be for their use only.
- Each cohort will have their own entrance/exit into the facility.

## **CLEANING AND DISINFECTING PLAN**

- Oxivir Plus (DIN: 02431149) will be utilized to clean all surfaces and equipment.
  - Only equipment that is able to be cleaned/disinfected will be utilized at camp.
  - Equipment that is soft in nature or that is unable to be cleaned will not be utilized.
  - Craft supplies will have a “clean” and “dirty” bin so they can be cleaned between camper use or will be single-use-only.

- Throughout the day, facility staff will clean all frequently touched surfaces in the facility including toilet fixtures, sinks, water fountains, doorknobs/handles, light switches, handrails, accessibility buttons, etc., and maintain a cleaning record of these.
- Overnight, custodian staff will conduct a thorough deep clean of the facility.

## **MASKING & SOCIAL DISTANCING**

- Any adults entering camp premises (parents/guardians) will be required to wear non-medical masks, including at drop-off and pick-up
- All staff must always wear a surgical/procedure mask when indoors, and outdoors unless they are over 2 metres away from others. Staff will also be supplied with eye protection that they must wear if they will be within 2 metres of a camper or engaging with individuals not wearing masks.
- All campers must wear a well-fitting mask when indoors. When outdoors, masks will only be required if physical distancing cannot be maintained.
  - Campers will be asked to bring with them multiple cloth masks to change throughout the day as needed. Staff will not be permitted to handle masks, and as such all campers should be able to identify their own masks.

## **MANAGEMENT OF SUSPECTED CASES**

- If a camp participant begins to experience symptoms of COVID while attending the camp, they will be immediately separated from others and placed in a supervised isolation room and the parent/guardian will be notified for immediate pick-up.
- A specific PPE kit will be available for staff that need to wait alongside any ill campers that includes a fresh mask and eye protection, sanitizer, gown, and gloves.